

Section V Indoor Track & Field State Qualifier Meet Information

Site: Nazareth College

Date: Friday, February 23rd 5:00 - 10:00pm

Entries: The following entries will be accepted in each event.

- Top 16 and ties in all individual events
- Top 8 in Relay events
- Relay athletes (4-8) need to also be entered online. Alternates may be replaced if they are unable to compete due to uncontrollable circumstances with committee approval.
- Athletes must have a performance on the leaderboard in order to enter that event.
- Athletes may enter 3 individual events. If an athlete is entered in 3 individual events, they can not be entered in a relay. Athletes may run in any relay they are listed in as long as they do not exceed the maximum of three events.
- Athletes must compete in 6 certified track meets during the regular season to be eligible for Sectional competition.

All entries will be made to <https://www.yentiming.com>

- **Class Champions automatically advance to the State Qualifier Meet but must be entered online by the deadline.**

Entry deadline is 8:00pm, Monday February 19th.

The Performance List will be posted by 9:00pm Monday night.

- **There will be a 24 hour scratch window with a deadline of Tuesday, February 20th at 8:00pm.**
- **Coaches must scratch athletes down to the 3 event maximum by the scratch deadline.**
- **The Scratch process: email your scratches to coachyen@gmail.com**
- **After the scratch deadline a Championship Meet Scratch rule will be in effect. "If an athlete scratches from an event after the deadline, then, on the day of the meet, they are done from that point on".**

Final Meet program will be posted by Tuesday, February 20th after 9pm.

Meet Shirts: Championship shirts will be sold on site.

Order of Events:

Girls followed by Boys for running events.

55m Hurdles (Trials / Top 2 in each heat and fastest times advance)

55m Dash (Trials / Top 2 in each heat and fastest times advance)

3000m

3200m

55m Hurdles (Finals)

55m Dash (Finals)

1000m Run

1500m Racewalk

600m Run

1500m Run

1600m Run

300m Finals

20 minute break

4x800m Relay

4x400m Relay

4x200m Relay

Shot Put

Boys followed by Girls

Weight Throw

Girls followed by Boys

Pole Vault

Girls followed by Boys

High Jump

Boys followed by Girls

Triple Jump

Boys and Girls on 2 pits

followed by

Long Jump

Boys and Girls on 2 pits

In the long jump, triple jump, shot put, and weight throw, there will be 3 attempts for all athletes with the top 8 advancing to finals for 3 additional attempts.